

### Entry Standards 2019

Men	Event	Women
10.85	100m	12.10
22.10	200m	24.75
48.95	400m	55.80
1:53.50	800m	2:11.00
3:55.00	1500m	4:32.00
14.30 (0,991)	110m / 100m H	14.30
54.00	400m H	62.00
2.08	High Jump	1.76
4,95	Pole Vault	3.85
7.25	Long Jump	5.90
14.90	Triple Jump	12.50
17.00 (6kg)	Shot Put	13.50
52.00 (1.75kg)	Discus Throw	45.00
63.00 (6kg)	Hammer Throw	55.00
65.00	Javelin Throw	47.50
NES	4x100m	NES
NES	4x400m	NES

**BAUHAUS Junioren-Gala 2019**  
 29./30.06.2019 Michael-Hoffmann-Stadion Mannheim

25.02.2019

**Zeitplan / timetable**

**Samstag, 29.06.2019**

<i>Junioren / men</i>			<i>Juniorinnen / women</i>	
<b>Technik / field</b>	<b>Bahn / track</b>		<b>Bahn / track</b>	<b>Technik / field</b>
		13:00		Stabhoch / Pole vault U20
	110m Hürden / hurdles VL	13:20		Speer / Javelin throw
		13:50	100m Hürden / hurdles VL	Hammer / hammer throw
	110m Hürden / hurdles EL B/A	14:35		
Kugel / Shot put		14:55	100m Hü. / hurdles EL B/A	Drei / Triple jump
	100 m VL	15:05		
		15:30	100 m VL	
	400m ZL	16:10		
		16:10		Kugel / Shot put
Hammer / hammer throw		16:30	400m ZL	
Drei / Triple jump		16:50		
	100 m EL B/A	17:00		
		17:10	100 m EL B/A	
		17:25	1.500 m ZL	
Diskus / discus throw		17:30		
	1.500 m ZL	17:40		
	4 x 100 m / 1.Lauf / 1. race	18:10		
		18:20	4 x 100 m / 1.Lauf / 1. race	

**Sonntag, 30.06.2019**

<i>Junioren / men</i>			<i>Juniorinnen / women</i>	
<b>Technik / field</b>	<b>Bahn / track</b>	<b>24.06.</b>	<b>Bahn / track</b>	<b>Technik / field</b>
Stabhoch / Pole vault U20		11:00		
Weit / Long jump	400 m Hürden U20 / hurdles ZL	11:10		
	400 m Hürden / hurdles men	11:20		Hoch / High jump
		11:35	400 m Hürden U20 / hurdles ZL	
		11:50	400m Hürden / hurdles women	Diskus / discus throw
	4 x 100 m 2.Lauf / 2. race	12:10		
		12:20	4 x 100 m 2.Lauf / 2. race	
		12:30		
	800 m ZL	12:40		
		13:00	800 m ZL	Weit / Long jump
Speer / Javelin throw		13:20		
Hoch / High jump	Inklusionsstaffeln	13:20	Inklusionsstaffeln	
	200 m ZL	13:40		
		14:00	200 m ZL	
		14:10		
	4 x 400 m ZL	14:30		
		14:40	4 x 400 m ZL	

Bitte beachten Sie auch : <http://www.junioren-gala.de>