



Slovakia Masters Championship Outdoor 2020 **July 18, 2020 (Saturday)**

The competition will be held on :

July 18, 2020 (Saturday) at 12:00, in the City Stadium, Sportovcov 655/2, Dubnica nad Vahom

The events of competition:

100 m, 200 m, 400 m, 800 m, 1500 m, 5000 m, 5000 m Track Walk, Short Hurdles, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw

All disciplines will take place at the main stadium, except for the hammer throw and the discus throw, which will be on the training ground.

GUIDELINE: All participants are obliged to follow the rules against the spread of Covid-19 disease. Details can be found at:

<https://www.atletika.sk/usmernenie-saz-k-opatreniu-uvz-sr-pre-organizovanie-sportovych-sutazi/>

Start restriction:

Competitors can start in a maximum of three events.

Registration:

Registration of foreign competitors must be sent by e-mail to: prihlasky.veterani@gmail.com no later than July 16, 2020 (Thursday) by 20:00. with the following details:

first and last name, full date of birth, club and disciplines.

The registration will be confirmed by e-mail.

Competition office:

It will be open in the Stadium on Saturday from 9:30 am until the end of the competition.

Within 60 min. before the start of the first event the start of each competitor must be confirmed and the start list will be closed.

Entry fee:

When a foreign competitor confirms the start, he/she will pay 10 € per competitor.

Entries after the deadline will be accepted only with the consent of the sport-technical delegate for a fee of 20 €.

Start numbers:

Each competitor will receive one starting number during the confirmation, which must be properly attached so that it is legible during the race.

Basic heights and raising:

Men	High Jump: determined by the competition referee Pole Vault: 160, 180, 200, 220, 240, 260, 280, 300, 320, 330 and 10 cm further
Women	High Jump: determined by the competition referee Pole Vault: 140, 160, 180, 200, 220, 240, 250, 260 and 10 cm further

Medical service:

A medical service will be available throughout the event.

Technical provisions:

- a) The presentation of competitors will end: runs 10 min. before the start of the discipline, jumps and throws 20 min. before the start of the discipline, with the referee in the designated area. Part of the presentation is checking dress, starting numbers and shoes. Please note that video and audio players, radios, receivers, mobile phones and similar devices and equipment on the competition area are not allowed to be brought or used.
- b) Competitors may only warm up in the designated areas.
- c) In triple jump the distance of the reflector from the closer edge of the landing area shall be 11 m, 9 m and 7 m.
- d) Referees can check the spikes on athletes shoes. The maximum length of the spikes can be 6 mm.
- e) Only competitors, designated officials and referees have access to the competition area.

Titles and awards:

The winner of each discipline is awarded the title of Slovak Champion for 2020 in ... (discipline) in the Masters category.

Competitors on 1st – 3rd place get a medal and a diploma.

Only members of SAZ may be the Slovak Champion and medalists.

The order of competitors in the masters category shall be determined by the value of the recalculated performance according to the annual WMA coefficients.

The results will be published on www.masterstrack.sk and www.atletika.sk

The results will be sent on request for a fee of 5 €.

Economic security - payment:

Participants start at their own expense or at the expense of the sending organization.

Final provisions:

- a) It complies with the rules of the World Athletics and these provisions.
- b) Each competitor starts under his own responsibility and declares that he / she knows his / her health by logging in.
- c) The deployment of the competitors in the individual runs, including the draw of the lanes, the determination of the starting order and the progress key shall be determined by the Sporting Technical Delegate in the competition office.
- d) The organizer reserves the right to change the time schedule, he has the right, in agreement with the sporting technical delegate, not to allow the competitor to start if his start would affect the technical layout of the event.

PRELIMINARY TIMETABLE – Masters

M - Men M35 and older
W - Women W35 and older

Saturday 18 July 2020

12:00	Opening ceremony		
12:15	5000m Track Walk M, W	Pole Vault M, W	Hammer M, W
12:50	Short Hurdles. M, W		
13:15	100m M		
13:20	100m W		
13:30	800m M	Long Jump M, W	Discus M, W
13:40	800m W		
14:15	200m M		
14:25	200m W		
14:40	1500m M, W	Triple Jump M, W	Javelin M, W
15:15	5000m M, W		
15:30		High Jump M, W	
15:55	400m M		Shot Put M, W
16:20	400m W		
17:30	End of the Championship		

The timetable is informative, the definitive timetable will be specified on Friday, 17 July 2020 and will be published on www.masterstrack.sk and www.atletika.sk